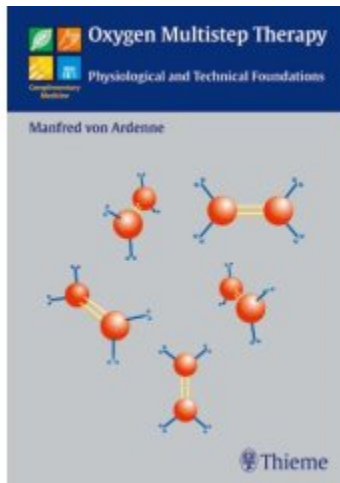


## Quotes from



# Oxygen Multistep Therapy

## Physiological and Technical Foundations

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The amount of energy provision in the organism, that is, primarily the resynthesis of **cell energy adenosine triphosphate (ATP)**, according to the needs of the body, is the major factor influencing the health peaks and troughs of human life. This simple biophysical thesis is recognizable as a basic law of our existence when one remembers that the reduction in physical and mental powers, that is, **energy deficiency, is a main characteristic of extreme old age.**

Furthermore, in this connection we should remember the main characteristics of conditions of weakness of all kinds, which is that in such phases the organism minimizes its energy requirements by lack of movement (i.e. bed rest), in order to insure the balance between the critically reduced energy provision, and energy consumption.

Finally, everyone knows that a **high provision of energy is the main characteristic of youth.**

These considerations lead to way of thinking that is still unusual in present day Medicine, a way which may even at first seem disconcerting. But they force us to the conclusion that all events, mechanisms and processes which weaken, strengthen or even lastingly increase the provision of energy in the organism are of fundamental significance for both theoretical and practical medicine in particular for the prevention, prophylaxis and therapy of all diseases, crises or complaints with energy deficiency as their common cause. It follows that the quantitative determination of energy provision in the human organism leads to a comprehensive diagnostic characteristic value of exceptional significance.

In the last few years that time has become right for **broader preventative, prophylactic and therapeutic use of Oxygen Multistep principal.** There are several reasons for this:

- The **exercise deficient lifestyle** (circulation deficit, drop in the arterial partial oxygen pressure, oxygen deficiency) of people in industrialized countries has increased to a dangerous extent, and is still increasing.
- Motors have taken over physical labor. Microprocessors of modern electronics and robots increasingly control instruments, installations, machines and

production processes or all kinds, without human involvement. **Desk work, meetings, time spent traveling or in front of the television occupy an increasing proportion of our daily lives, both at work and in our free time.**

- Thanks to great medical progress in the combat of life-threatening diseases and conditions, human life expectancy has greatly increased, and more and more people reach old age, in which **cardiopulmonary performance, and, with it, the oxygen supply to the tissues, drop to 50% or less of the levels of youth.....**

Our discovery that the strength of the **host defense capacity is dependent on the quality of the oxygen status**, and is significantly increased by the procedure of oxygen multi-step immunostimulation, has opened the way to bringing the length of one's own life close to the upper age limit of the human organism.

From the view of pathophysiology the new possibility of increasing more or less permanently the arterial partial oxygen pressure in older (and often also in sick people), and of simultaneously reducing the venous partial oxygen pressure, means the **opening of the natural causal prophylaxis and therapy for the many oxygen deficiency diseases and complaints of old age.**

Clinical 5- year results with oxygen multi step immunostimulation have shown that a **significant drop in the probability of metastasis in cancer** can be achieved with the course on which we have embarked, and that when the procedures is repeated once a year, even the concrete, simple solution of a general cancer prophylaxis emerges.

An accumulation of reports of good and very good treatment results can be noted for the indications:

**renormalization of the oxygen loading of the blood in the lung functionally degenerated by old age or severe stress, early stage of cataract, glaucoma, loss of field of vision, impaired focus, angina pectoris, arrhythmia, prophylaxis and rehabilitation for heart diseases, edema, peripheral circulation disorders, especially in the lower extremities, circulation disorders, dizziness in old age, senile diabetes, hypotonia, Menière's Disease, adjuvant therapy in hypertension, general acceleration of rehabilitation, lasting increase in physical performance capacity, defense stimulation, especially after classical cancer treatments, improved quality of life in cancer patients**

Individual reports of interesting results, which challenge us to further inquiry, have been received for the following indications:

**Memory weakness, conditions of confusion, side effects of drugs taken over a long period of time, Parkinson's disease, multiple sclerosis, amelioration of migraine, amelioration of damage to liver and kidneys, amelioration of asthma, rheumatic symptom complex, acceleration of wound healing.**

*End of Quotes*